

Fall 2005

### Nurse-Family Partnership Program Collaborative of Philadelphia Update

The Nurse-Family Partnership (NFP) of Philadelphia has entered its second year with the National Nursing Centers Consortium as its fiduciary and advocacy lead organization. Three clinical “outposts” continue its NFP work. The outposts include Lutheran Children and Family Service, Temple Health Annex of Temple University Department of Nursing and 11<sup>th</sup> Street Family Health Services of Drexel University School of Nursing. All three clinical sites are members of the National Nursing Centers Consortium. The Philadelphia NFP is unique positioned to continue its replication of the nationally recognized Nurse-Family Partnership model in some of the most impoverished inner city neighborhoods. All NFP participants are low-income first time mothers-to-be and their offspring until age two.

The NFP Collaborative has initiated the fifth year of service and program evaluation with an enrollment target of 416 participants over 30-month period. 2005 data show that Philadelphia participants (N=630) are:

- 1) less likely to smoke during pregnancy.
- 2) less likely to abuse illegal substances during pregnancy.
- 3) more likely to breastfeed post delivery.
- 4) more likely to return to school/work first year post delivery.
- 5) more likely to complete high school.
- 6) less likely to have short interval second pregnancies.
- 7) striving for family stability.
- 8) adhering to child immunization schedules with 98% of toddlers fully immunized by age two.

The Philadelphia NPF has held two graduations, May 2004 and June 2005. The first graduation was held in the Mayor’s Reception Hall, City Hall, Philadelphia with more than 75 graduates. Temple University Health Annex hosted the second graduation. Again our 2005 graduates had a wonderful time. Proud, calm mothers with toddlers who kept their “cool”, fathers, grandmothers, community members, and city officials gathered together to be recognized by NFP nurses, supervisors and directors. The event witnessed by many – was a “once in a lifetime experience” and “...unlike any other graduation I have ever attended”. The following article appeared in the Northeast Times. The article written by Jeannie O’Sullivan captures the spirit and feeling of an NFP graduation. We look forward to many more.

And for any Nurse Managed Health Center contemplating an NFP model in their community/state, please feel free to contact Dr. Katherine Kinsey for lessons learned and future work regarding local site implementation at [kkinsey@nncc.org](mailto:kkinsey@nncc.org). The national NPF website is [www.nursefamilypartnership.org](http://www.nursefamilypartnership.org).